

# ANGELA MELBYE

## EXPERIENCE

I have been a certified Zumba instructor since April 2018. Along with Zumba basic 1, I am also certified in Aqua Zumba since 2020 and Zumba Kids & kids Jr. since 2019. I will continue to better classes to make it fun to exercise.

## TEACHING STYLE

As a Zumba instructor, I try to have fun and bring the energy. They say dance helps the brain. I like to hear feedback from anyone that tries one of my classes. I want to create a positive environment for all ages, sizes and abilities!



*My favorite quote:*

“Push yourself because no one else is going to do it for you”

## INTERESTS

I am wife and a mother of 2 wonderful boys. We are always on adventure and on the go! Movie nights are a most at our house. We love movies! I also enjoy running, swimming, golfing and of course Zumba!