

Aquatic Center Schedule
December 2018



DECEMBER



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-7:00a Adult Lap Swim	5:30a-7:30a Adult Lap Swim	5:30a-7:00a Adult Lap Swim	5:30a-7:30a Adult Lap Swim	5:30a-7:00a Adult Lap Swim	7:00a-10:00a Adult Lap Swim	9:00a-10:00a Adult Lap Swim
7:00a-8:30a Adult Open Swim	7:30a-12:00p Adult Open Swim	7:00a-8:30a Adult Open Swim	7:30a-12:00p Adult Open Swim	7:00a-9:30a Adult Open Swim	10:00a-11:00a Adult Open Swim	10:00a-11:00a Adult Open Swim
8:30a-9:30a Morning Splash Water Class <u>10:00a-11:00a</u> Silver Sneakers Splash Class		8:30a-9:30a Morning Splash Water Class		8:30a-9:30a Morning Splash Water Class <u>10:00a-11:00a</u> Silver Sneakers Splash Class		
11:00a-12:00p Adult Open Swim Also: *Therapy Swim Medical Referral Only		9:30a-12:00p Adult Open Swim Also: *Therapy Swim Medical Referral Only		11:00a-12:00p Adult Open Swim Also: *Therapy Swim Medical Referral Only		
12:00p-2:00p Adult Lap Swim 2:00p-4:30p Adult Open Swim	12:00p-1:30p Adult Lap Swim 1:30pm-4:30pm Adult Open Swim	12:00p-2:00p Adult Lap Swim 2:00p-4:30p Adult Open Swim	12:00p-1:30p Adult Lap Swim 1:30p-4:30p Adult Open Swim	12:00p-2:00p Adult Lap Swim 2:00p-4:00p Adult Open Swim	11:00a-3:00p Water Park Open Swim Lifeguards on Duty	11:00a-3:00p Water Park Open Swim Lifeguards on Duty
4:30p-5:30p 3/4 Pool Intermediate Water Aerobics 1/4 Pool Lap Swim	4:30p-5:30p 3/4 Pool Water Aerobics 1/4 Pool Lap Swim	4:30p-5:30p 3/4 Pool Intermediate Water Aerobics 1/4 Pool Lap Swim	4:30p-5:30p 3/4 Pool Water Aerobics 1/4 Pool Lap Swim	4:00p-5:30p Adult Lap Swim	3:00p-4:00p Lap Swim All Ages. 13 and under must be supervised by an adult	3:00p-4:30p Lap Swim All Ages. 13 and under must be supervised by an adult.
5:30p-7:30p Adult Lap Swim 7:30p-8:30p ½ Adult Open Swim ½ Adult Lap Swim	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	4:00p-5:00p Adult Open Swim 5:00p-6:30p Adult Lap Swim	

Adult Open/Lap Swim: Must be 18+ years of age.
Water Park/Open Swim: For all ages, 11 and under must be supervised by an adult.
Water Aerobics: Lap Pool is reserved only for water aerobics class.
Basketballs & Volleyballs are only available while lifeguards are on duty.
Lap swimmers can use their own swimming devices during designated lap swim.
***Medical referrals only: Must be pre-approved by the LCC Director.**

Dec. 24 ADDITIONAL Water Park Hours - 9am-11AM - Dec. 26 & 28 ADDITIONAL Water Park Hours 11am-2pm