

Elly in the Kitchen

Thursday, April 9

Noon

Apple raisin salad
Scalloped potatoes and ham
Glazed carrots
Cornbread
Mint ice cream with toffee
crunch
\$8

(Sign Up by: Tuesday, April 7 - 10am)

Monday, April 20

Noon

Garden Salad
Lasagna with garlic bread
Key lime pie
\$8

(Sign up by: Friday, April 17 -
10am)

Pizza Party

Wednesday

April 29

12:00p

Pizza Hut Pizza

12:30pm

Bingo

1:30

Choose a Game

Pizza Hut personal pan-\$5.00

(Pay at the front desk
before 4pm - 2/24)

Coffee With a Cop

First Thursday of Every
Month - 11am
All Welcome/No Hub
Membership Needed.

Hub Happenings

April



2026

Open

Monday - Friday

8:00a-4:00p

\$6/Month

(Regular and Decaf Coffee Included)

Phone: 715.670.0790

The Hub active adult center is a wonderful space in the Lunda Community Center for those 55+ to come in and make new friends, learn new skills, socialize, enjoy a cup of coffee, play cards and enjoy a variety of programs and activities.



Exercise Opportunities

Tuesdays - 10a-10:45a

\$1.00 - Sign-Up at the Front Desk.

Instructor

Katie Larkin

Hub's Functional Flow and Balance class: This class will begin with chair flexibility to start the flow of your day and will transition to functional standing balance tasks (chairs available) to encourage and maintain your stability. If no Functional Flow class DVD will play instead.

(Must be a Hub Member)

Thursdays

10:00a-10:45a

Strength DVD Chair Exercise

Hub Guest Speaker

Paul Rykken

Wednesday, April 8

1:00pm

What happens when you hand young people the tools to document the history of their own community?

Founded in 2000, the Falls History Project set out to answer that question by guiding students to investigate and preserve the regional history of Black River Falls —especially through powerful, first-person oral histories. Over 25 years, interns have recorded the voices of community members, local families, and civic leaders, building a digital archive that captures the stories and lived experiences that define this place. This presentation traces the project's evolution and highlights key moments from a quarter century of community memory.

HAPPY
BIRTHDAY

4/1 David Schumacher

4/2 Cindy Bagley

4/10 Doug Peterson

4/14 Cathy Branuer

4/15 Jeff Polzin

4/15 Diane Anderson

4/17 Carol Martin

4/19 Lori Tankersley

4/26 Katie Bahub

4/27 Doris Dingeldein

4/28 Sue Polzin

4/29 Sue Lindberg

Card Playing Schedule

Monday
Bridge
12:30p-4:00p

Tuesday
Euchre
9:00a-11:30a

Wednesday
Sheepshead
8:00a-11:30a

Thursday
500
1:00p-4:00p

Friday
Choose a Game
OR
Euchre
10:00a

Movie
Wednesday
April 1
1p
Mamma Mia

Donna (Meryl Streep), an independent hotelier in the Greek islands, is preparing for her daughter's wedding with the help of two old friends.

Bring your own supplies and paint the first Tuesday of every month starting April 7th.



WEDNESDAY 4/1

8:00a-11:30a
 Sheepshead

1:00p
 Movie

THURSDAY 4/2

10:00a-10:45a
 Strength DVD

11:00a
 Coffee with a Cop

1:00p-4:00p
 500
 And
 Scrabble

FRIDAY 4/3

10:00a
 Choose a Game
 Or
 Euchre

10:00a
 Dominoes

MONDAY 4/6

10:00a
 Dominoes

12:30p-4:00p
 Bridge

TUESDAY 4/7

9:00a-11:30a
 Euchre

10:00a - 10:45a
 Functional Flow

WEDNESDAY 4/8

8:00a-11:30a
 Sheepshead

1:00pm
 Guest Speaker

THURSDAY 4/9

10:00a-10:45a
 Strength DVD

Noon
 Lunch

1:00p-4:00p
 500
 And
 Scrabble

FRIDAY 4/10

10:00a
 Choose a Game
 Or
 Euchre

10:00a
 Dominoes

MONDAY 4/13

10:00a
 Dominoes

12:30p-4:00p
 Bridge

TUESDAY 4/14

9:00a-11:30a
 Euchre

10:00a - 10:45a
 Functional Flow

11:15a
 Bridge

WEDNESDAY 4/15

8:00a-11:30a
 Sheepshead

THURSDAY 4/16

10:00a-10:45a
 Strength DVD

1:00p-4:00p
 500
 And
 Scrabble

FRIDAY 4/17

10:00a
 Choose a Game.
 Or
 Euchre

10:00a
 Dominoes

MONDAY 4/20

10:00a
 Dominoes

Noon
 Lunch

12:30p-4:00p
 Bridge

TUESDAY 4/21

9:00a-11:30a
 Euchre

10:00a - 10:45a
 Functional Flow
 Chair Exercise

1:00p-2:00p
 History Hour

WEDNESDAY 4/22

8:00a-11:30a
 Sheepshead

THURSDAY 4/23

10:00a-10:45a
 Strength DVD

1:00p-4:00p
 500
 And
 Scrabble

FRIDAY 4/24

10:00a
 Choose a Game
 OR
 Euchre

10:00a
 Dominoes

MONDAY 4/27

10:00a
 Dominoes

12:30p-4:00p
 Bridge

TUESDAY 4/28

9:00a-11:30a
 Euchre

10:00a - 10:45a
 Functional Flow

WEDNESDAY 4/29

8:00a-11:30a
 Sheepshead

Noon
 Pizza Hut Pizza
 12:30p
 Bingo
 1:30p
 Choose a Game

THURSDAY 4/30

10:00a-10:45a
 Strength DVD

1:00p-4:00p
 500
 And
 Scrabble

Dominoes
Every Monday and Friday 10am