

Art

Open Painting Fun Day

Tuesday, August 4
9:30a-11:30a

Bring your own supplies
and paint the first
Tuesday of every month
(No extra charge/No
Instructor)

Rock Painting with Lisa Perry

Wednesday, August 12
10:00am-11:30am
\$4.00

Sign up at front desk

Craft with Betty

Wednesday August 19
11:00am
Free

Sign up at front desk

Pizza Party

Wednesday
August 19
12:00pm

Pizza Hut Pizza
12:30pm
Bingo
1:30pm

Choose a Game

Pizza Hut personal pan-\$5.00
(Pay at the front desk
before 4pm - 5/26)

Hub

Happenings 2026

August

Open

Monday - Friday

8:00a-4:00p

\$6/Month

(Regular and Decaf Coffee
Included)

Phone: 715.670.0790

The Hub active adult center is a
wonderful space in the Lunda
Community Center for those 55+ to
come in and make new friends,
learn new skills, socialize, enjoy a
cup of coffee, play cards and enjoy
a variety of programs and
activities.

Happy BIRTHDAY

8/1 Buzz Sorge

8/6 Stephanie Stuve-
Bodeen

8/8 Susan Michaelson

8/11 Roger Thompson

8/13 Tom Feldkamp

8/22 Carol Diehn

8/27 Judy Tope

8/30 Tanya Mathews



Guest Speaker

Calette Hruza

Social Worker

Noon

Planning your Healthcare in
Advance

Tuesday, August 18

NOON

Guest Speaker

Jeff Karsten

Identity Theft

Outreach Specialist - Division
of Trade & Consumer
Protection

Wisconsin Department of
Agriculture, Trade and
Consumer Protection (DATCP)

Wednesday, August 26

1:00 pm

Exercise Opportunities

Tuesdays - 10:00am-10:45am

\$1.00 - Sign-Up at the Front Desk.
Instructor

Katie Larkin

Hub's Functional Flow and
Balance class: This class will
begin with chair flexibility to start
the flow of your day and will
transition to functional standing
balance tasks (chairs available)
to encourage and maintain your
stability. If no Functional Flow
class DVD will play instead.
(Must be a Hub Member)

Thursdays - 10:00am-10:45am

Strength DVD Chair Exercise

Card Playing Schedule

Monday
Bridge
12:30p-4:00p

Tuesday
Euchre
9:00a-11:30a

Wednesday
Sheepshead
8:00a-11:30a

Thursday
500
1:00p-4:00p

Friday
Choose a
Game
OR
Euchre
10:00a

Movie

Tuesday
August 4
1pm
Snack Included

Remarkably Bright Creatures

Starring:
Sally Field

While working
nights at a
small-town
aquarium, a
widow bonds
with a clever
octopus and an
adrift young man
in this moving
drama based on
the bestseller.



HUB August 2026



Coffee With a Cop

First Thursday of Every Month
11am
All Welcome/No Hub
Membership Needed.

Dominoes

10am
Every
Monday
and
Friday

MONDAY 8/3	TUESDAY 8/4	WEDNESDAY 8/5	THURSDAY 8/6	FRIDAY 8/7
10:00a Dominoes	9:00a-11:30a Euchre 9:30a-11:30a Open Painting Fun Day 10:00a - 10:45a DVD Exercise	8:00a-11:30a Sheepshead	10:00a-10:45a Strength DVD 11:00a Coffee w/ a Cop 1:00p-4:00p 500 And Scrabble	10:00a Choose a Game Or Euchre 10:00a Dominoes
12:30p-4:00p Bridge	1:00pm Movie			
MONDAY 8/10	TUESDAY 8/11	WEDNESDAY 8/12	THURSDAY 8/13	FRIDAY 8/14
10:00a Dominoes	9:00a-11:30a Euchre	8:00a-11:30a Sheepshead	10:00a-10:45a Strength DVD	10:00a Choose a Game Or Euchre
12:30p-4:00p Bridge	10:00a - 10:45a Functional Flow	10:00a Rock Painting	1:00p-4:00p 500 And Scrabble	10:00a Dominoes
MONDAY 8/17	TUESDAY 8/18	WEDNESDAY 8/19	THURSDAY 8/20	FRIDAY 8/21
10:00a Dominoes	9:00a-11:30a Euchre	8:00a-11:30a Sheepshead	10:00a-10:45a Strength DVD	10:00a Choose a Game
12:30p-4:00p Bridge	10:00a - 10:45a DVD Chair Exercise	11:00am Craft with Betty Free	1:00p-4:00p 500 And Scrabble	OR Euchre
	Noon Guest Speaker	Noon Pizza Party 12:30 Bingo		10:00a Dominoes
MONDAY 8/24	TUESDAY 8/25	WEDNESDAY 8/26	THURSDAY 8/27	FRIDAY 8/28
10:00a Dominoes 12:30p-4:00p Bridge	9:00a-11:30a Euchre	8:00a-11:30a Sheepshead	10:00a-10:45a Strength DVD	10:00a Choose a Game
MONDAY 8/31	10:00a - 10:45a Functional Flow	1:00p Guest Speaker	1:00p-4:00p 500 And Scrabble	OR Euchre
10:00a Dominoes 12:30p-4:00p Bridge				10:00a Dominoes