

Elly in the Kitchen

Friday, June 19

Noon - \$8

Classic French Onion
Soup

Loaded Baked Potato
with Broccoli, Ham, and
Cheese.

Lemon Cheesecake

(Sign Up by: Wednesday, June
17 - 10am)

Pizza Party

Wednesday

June 24

12:00p

Pizza Hut Pizza

12:30pm

Bingo

1:30

Choose a Game

Pizza Hut personal pan-\$5.00

(Pay at the front desk
before 4pm - 5/26)

Open Painting

Fun Day

June 2

9:30a-11:30a

Bring your own supplies
and paint the first
Tuesday of every month
(No extra charge/No
Instructor)



Happenings 2026

Open

Monday - Friday

8:00a-4:00p

\$6/Month

(Regular and Decaf Coffee
Included)

Phone: 715.670.0790

The Hub active adult center is a wonderful space in the Lunda Community Center for those 55+ to come in and make new friends, learn new skills, socialize, enjoy a cup of coffee, play cards and enjoy a variety of programs and activities.

HAPPY BIRTHDAY

6/1 Jean Anderson

6/8 Marie Eddy

6/9 Michael

Hermanowicz

6/11 Juday Fader

6/15 Dean Doherty

6/16 Betty Stasny

6/22 Mike Horner

6/23 Roberta Boyea



The Experience of Pain

Ed Zhovtis

NSPM-C

Tuesday, June 16

Noon

- Are you in pain?
- Do you need options to relieve pain?
- Do you know the causes of pain?

Join the Black River Health pain specialist Ed Zhovtis as he answers these questions and more .

Exercise

Opportunities

Tuesdays - 10a-10:45a

\$1.00 - Sign-Up at the Front Desk.
Instructor

Katie Larkin

Hub's Functional Flow and Balance class: This class will begin with chair flexibility to start the flow of your day and will transition to functional standing balance tasks (chairs available) to encourage and maintain your stability. If no Functional Flow class DVD will play instead.
(Must be a Hub Member)

Thursdays - 10a-10:45a

Strength DVD Chair Exercise

Card Playing Schedule

Monday

Bridge
12:30p-
4:00p

Tuesday

Euchre
9:00a-
11:30a

Wednesday

Sheepshead
8:00a-
11:30a

Thursday

500
1:00p-4:00p

Friday

Choose a
Game
OR
Euchre
10:00a

Movie

Wednesday
June 10
1pm

The Terminal

Based on the true story of a man trapped at Charles De Gaulle Airport in Paris, Tom Hanks' portrayal of a stranded Eastern European traveler pulls at the heartstrings. Set almost entirely in an airport, laughs sometimes take a back seat in service of an uplifting message about people.



HUB June 2026



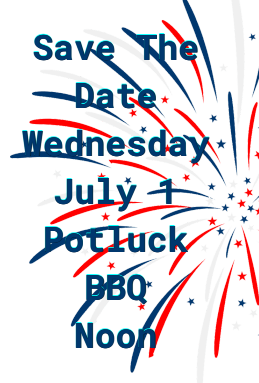
Dominoes



Every
Monday
and
Friday
10am

Coffee With a Cop

First Thursday of
Every Month -
11am
All Welcome/No
Hub Membership
Needed.



MONDAY 6/1

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 6/2

9:00a-11:30a
Euchre

9:30a-11:30a
Open Painting
Fun Day.

10:00a - 10:45a
Functional Flow

WEDNESDAY 6/3

8:00a-11:30a
Sheepshead

THURSDAY 6/4

10:00a-10:45a
Strength DVD

11:00a-Noon
Coffee With a Cop

1:00p-4:00p
500
And
Scrabble

FRIDAY 6/5

10:00a
Choose a
Game
Or
Euchre

10:00a
Dominoes

MONDAY 6/8

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 6/9

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow

WEDNESDAY 6/10

8:00a-11:30a
Sheepshead

1:00pm
Movie

THURSDAY 6/11

10:00a-10:45a
Strength DVD

1:00p-4:00p
500
And
Scrabble

FRIDAY 6/12

10:00a
Choose a
Game.
Or
Euchre
10:00a
Dominoes

MONDAY 6/15

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 6/16

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow
Chair Exercise

Noon
Guest Speaker

WEDNESDAY 6/17

8:00a-11:30a
Sheepshead

THURSDAY 6/18

10:00a-10:45a
Strength DVD

1:00p-4:00p
500
And
Scrabble

FRIDAY 6/19

10:00a
Choose a
Game
OR
Euchre

10:00a
Dominoes

Noon
Lunch

MONDAY 6/22

10:00a
Dominoes
12:30p-4:00p
Bridge

MONDAY 6/29

10:00a
Dominoes
12:30p-4:00p
Bridge

TUESDAY 6/23

9:00a-11:30a
Euchre
10:00a - 10:45a
Functional Flow

TUESDAY 6/30

9:00a-11:30a
Euchre
10:00a - 10:45a
Functional Flow

WEDNESDAY 6/24

8:00a-11:30a
Sheepshead

Noon
Pizza Hut Pizza
12:30p
Bingo
1:30p
Choose a Game

THURSDAY 6/25

10:00a-10:45a
Strength DVD

1:00p-4:00p
500
And
Scrabble

FRIDAY 6/26

10:00a
Choose a
Game
OR
Euchre

10:00a
Dominoes