

Hub Happenings

May, 2018

Open: Monday-Friday

8:00am-4:00pm

\$6/Month

"Sewcial" Event

Tues. May 29

8am--4pm

(Sign up in Hub)

Free to Hub members No formal sewing instructions will be given, but you will have a good time socializing as you sew on project (s). Bring your sewing machine and all necessary supplies for sewing.

May 3

"Coffee With a Cop"

9am-10am

Learn the difference between CBD Oil, Hemp and Majarauna

"Suicide Intervention Training" - UW Ext.

10am-11am

"Stress Reduction for Adults" - UW Ext.

5pm-6pm

Card Playing Schedule



Monday

Beginner 500

9:00a-11:00a

Tuesday

Euchre

9:00a-11:30a

Wednesday

Sheepshead

9:30a-11:30a

Thursday

Bridge

9:30a

500

1:00p-4:00p

Friday

10:00a-Noon

Game Day

Dominoes &
Cribbage

Bingo

Wed.

May 16

1pm

Wii

Bowling

Fri.

May 11

10am

Pancake
Breakfast

Fri. \$3

May 11

9:30am

Pot Luck

Fri.

May 25

Noon



Line

Dancing

Tuesday

May 8

11:30am

- noon

Guest Speaker Verona Chambers

Friday, May 25

1pm-2pm

Verona Chambers

Friday, May 25

1pm-2pm

"The Woman Who Came Out of the Cold (War)" Come and hear Verona Chambers' amazing, heart-wrenching - and sometimes hilarious - stories about a life behind the iron curtain. Verona resisted the oppressive East German communist regime. She risked taking a stand and lost nearly everything in her fight to leave oppression behind, only to discover that the Wall had come down the very night she was finally granted permission to leave.

Jason Breining & Kris

Goetzka from CCU

Fraud Prevention 101

Tuesday, May 22

1:00pm-1:45pm

Pie and Ice cream

will be served.

Learn how to crochet
or refresh your skills

with Pat, Monday

May 7 & 21 - 1pm

Bring 4 ply yarn and a

G or H hook

Alzheimers' Effective
Communication Strategies.

Wed. May 30

1:00pm-2:30pm

Aging & Disability of

Jackson County

For more Info. call

715-284-3978

Movies

"popcorn provided" 1:00pm

Wed. May 2

The Oldman and the Sea

Spencer Tracy

Wed. May 23

Field of Dreams

Kevin Costner

Exercise Schedule



Monday: 10:00am Walk the Track

Tuesday: 10:00am and again at 11:45am

Stretch Chair DVD

Thursday: 10:00am Chair Strength DVD



May Birthdays

May 12

Jim Hornby

May 28

Charlotte Heller

May 29

Jeannine Lund



Tuesday 1

9:00a-11:30a
Euchre
10:00a & 11:45a
Stretch
DVD Chair Exer.
1:00
Cribbage

Wednesday 2

9:30a-11:30a
Sheepshead
1:00p
Movie



Thursday 3

9:00a
Coffee with
a Cop
Suicide Intervention
9:30
Bridge
10a-Strength DVD
1:00p-4:00p
500 & Scrabble

Friday 4

10a-noon
Dominoes
&
Cribbage



Monday 7

9:00a
Beginner 500
10:00a-10:45a
Walk the track
11:30a
Chess
1:00p
Learn how to
crochet

Tuesday 8

9:00a-11:30a
Euchre
10:00a & 11:45a
Stretch
DVD Chair Exer.
11:30am-Noon
Line Dancing
1:00p
Cribbage

Wednesday 9

9:30a-11:30a
Sheepshead



Thursday 10

10:00a
Strength DVD
Bridge
1:00p-4:00p
500
&
Scrabble

Friday 11

9:30a
Pancake Breakfast
10:00a
Dominoes
&
Cribbage
&
Wii Bowling

Monday 14

9:00a
Beginner 500

10:00a-10:45a
Walk the track
11:30a
Chess

Tuesday 15

9:00a-11:30a
Euchre
10:00a & 11:45a
Stretch
DVD Chair Exer.
1:00p
Cribbage

Wednesday 16

9:30a-11:30a
Sheepshead
Noon
Bring a lunch
1:00p
BINGO

Thursday 17

10:00a
Strength DVD
Bridge
1:00p-4:00p
500
&
Scrabble

Friday 18

10a-noon
Dominoes
&
Cribbage

Monday 21

9:00a
Beginner 500
10:00a-10:45a
Walk the track
11:30a
Chess
1:00p
Learn how to
crochet

Tuesday 22

9:00a-11:30a
Euchre
10:00a & 11:45a
Stretch
DVD Chair Exer.
1:00p
Fraud Prevention
101

Wednesday 23

9:30a-11:30a
Sheepshead
1:00p
Movie



Thursday 24

10:00a
Strength DVD
Bridge
1:00p-4:00p
500
&
Scrabble

Friday 25

10:00a-noon
Dominoes
&
Cribbage
Noon
Pot Luck
1:00p
Guest Speaker

Monday 28

**CLOSED FOR
MEMORIAL
DAY**

Tuesday 29

8:00a-4:00p
"Sewcial" Event
9:00a-11:30a
Euchre
10:00a & 11:45a
Stretch
DVD Chair Exer.
1:00p

Wednesday 30

9:30a-11:30a
Sheepshead
1:00p
Alzheimers'
effective
communication
strategies.
Aging & Disability

Thursday 31

10:00a
Strength DVD
Bridge
1:00p-4:00p
500 & Scrabble

