

Halloween Party Potluck Thursday October 29 Noon



**Please sign up in the Hub
on the round table.
Free -Bring a dish to pass.
We will celebrate October
birthdays. Door Prizes.**

Pizza Party

**Wednesday
October 28**

12:00pm

Pizza Hut Pizza

12:30pm

Bingo

1:30pm

Choose a Game

Pizza Hut personal pan-\$5.00

**(Pay at the front desk
before 4pm - 10/27)**

Art

Open Painting Fun Day

Tuesday, October 6

9:30a-11:30a

**Bring your own supplies
and paint the first
Tuesday of every month
(No extra charge/No
Instructor)**

Craft with Betty Bills

Monday October 19

10a-11a

\$2.00

**See sample of project on
the Hub entry round table.**

Hub Happenings 2026 OCTOBER

Open

Monday - Friday

8:00a-4:00p

\$6/Month

**(Regular and Decaf Coffee
Included)**

Phone: 715.670.0790

**The Hub active adult center is a
wonderful space in the Lunda
Community Center for those 55+ to
come in and make new friends,
learn new skills, socialize, enjoy a
cup of coffee, play cards and enjoy
a variety of programs and
activities.**

Exercise Opportunities

Tuesdays - 10:00am-10:45am

\$1.00 - Sign-Up at the Front

Desk. Instructor

Katie Larkin

**Hub's Functional Flow and
Balance class:** This class will
begin with chair flexibility to
start the flow of your day and
will transition to functional
standing balance tasks (chairs
available) to encourage and
maintain your stability. If no
Functional Flow class DVD will
play instead.

(Must be a Hub Member)

Thursdays - 10:00am-10:45am

Strength DVD Chair Exercise

Guest Speaker

**Wound Care and Aging
with Kelli Casper, APNR,&
Beth Stankey, RN
Tuesday, October 20**

12:00pm-1:00pm

- As I get older, do my skin and wounds change and get more dangerous?
- How do I treat wounds at home if I struggle with arthritis or poor vision?
- When do I need to see a healthcare professional about a wound?
- Kelki & Beth will answer these questions and more.

Hub Presentation

Dr. Shelly Severson

Sustaining Our School

Monday, October 5

10:30a-11:00a

**Information on Operational
Referendum.**

All Welcome/No Cost

Hub Presentation

Abbi Goldsmith

Huntingtons Awareness

Monday, October 12

11am

All Welcome/No Cost



10/11 Karen Found

10/11 Jim Gilles

10/13 Wilva Marshall

10/19 Susan Burlingame

10/20 Kathy Gilles

10/21 Larry Lunda

10/27 Norm Sequin

10/28 Linda Price

Card Playing Schedule

Monday
Bridge
12:30p-4:00p
Tuesday
Euchre
9:00a-11:30a
Wednesday
Sheepshead
8:00a-11:30a
Thursday
500
1:00p-4:00p
Friday
Choose a
Game
OR
Euchre
10:00a

Movie
Wednesday
October 7
1pm

In Disney's
Hocus Pocus,
pranksters
conjure up
three wild
witches from
seventeenth-
century Salem
for a night of
zany fun and
comic chaos.
Starring:
Bette Midler,
Sarah Jessica
Parker and
Kathy Najimy



Coffee With a Cop Thursday October 1

First Thursday of
Every Month 11am
All Welcome!
No Hub Membership
Needed.

Dominoes

10am
Every
Monday
and
Friday

THURSDAY 10/1

10:00a-10:45a
Strength DVD

11:00a
Coffee w/ a Cop

1:00p-4:00p
500
And
Scrabble

FRIDAY 10/2

10:00a
Choose a
Game
OR
Euchre

10:00a
Dominoes

MONDAY 10/5

10:00a
Dominoes

10:30
Presenter:
Dr. Shelly Severson

12:30p-4:00p
Bridge

TUESDAY 10/6

9:00a-11:30a
Euchre

9:30-11:30
Open Painting
Fun Day

10:00a - 10:45a
Functional Flow

WEDNESDAY 10/7

8:00a-11:30a
Sheepshead

1pm
Movie

THURSDAY 10/8

10:00a-10:45a
Strength DVD

1:00p-4:00p
500
And
Scrabble

FRIDAY 10/9

10:00a
Choose a
Game
Or
Euchre

10:00a
Dominoes

MONDAY 10/12

10:00a
Dominoes

11:00a
Presenter:
Abbi Goldsmith

12:30p-4:00p
Bridge

TUESDAY 10/13

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow

WEDNESDAY 10/14

8:00a-11:30a
Sheepshead

THURSDAY 10/15

10:00a-10:45a
Strength DVD
Noon - 4pm
Great Room
Reserved for Tea
Party
1:00p-4:00p
500
And
Scrabble
In Activity Room

FRIDAY 10/16

10:00a
Choose a
Game
Or
Euchre
10:00a
Dominoes

MONDAY 10/19

10:00a
Dominoes

10:00a
Craft with Betty

12:30p-4:00p
Bridge

TUESDAY 10/20

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow

Noon
Guest Speaker

WEDNESDAY 10/21

8:00a-11:30a
Sheepshead

Noon-3:00p
Tuesday Club
Great Room
Reserved

THURSDAY 10/22

10:00a-10:45a
Strength DVD

1:00p-4:00p
500
And
Scrabble

FRIDAY 10/23

10:00a
Choose a
Game
OR
Euchre

10:00a
Dominoes

MONDAY 10/26

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 10/27

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow

WEDNESDAY 10/28

8:00a-11:30a
Sheepshead

Noon
Pizza Party

12:30
Bingo

THURSDAY 10/29

10:00a-10:45a
Strength DVD



Noon
Halloween Party
Potluck
1:00p-4:00p
500
And
Scrabble

FRIDAY 10/30

10:00a
Choose a
Game
OR
Euchre

10:00a
Dominoes