Aquatic Center Schedule
November 2019

LUNDA COMMUNITY CENTER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-7:00a Adult Lap Swim	5:30a-7:30a Adult Lap Swim	5:30a-7:00a Adult Lap Swim	5:30a-7:30a Adult Lap Swim	5:30a-7:00a Adult Lap Swim	7:00a-10:00a Adult Lap Swim	8:00a-10:00a Adult Lap Swim
7:00a-8:30a Adult Open Swim	7:30a-12:00p Adult Open Swim	7:00a-8:30a Adult Open Swim	7:30a-12:00p Adult Open Swim	7:00a-8:30a Adult Open Swim	10:00a-11:00a Adult Open Swim	10:00a-11:00a Adult Open Swim
8:30a-9:30a Morning Splash Water Class		8:30a-9:30a Morning Splash Water Class		8:30a-9:30a Morning Splash Water Class		Swim lessons 11/3 Only 3:00p – 5:00p
9:30a-12:00p Adult Open Swim Also: *Therapy Swim Medical Referral		9:30a-12:00p Adult Open Swim Also: *Therapy Swim Medical Referral		9:30a-12:00p Adult Open Swim Also: *Therapy Swim Medical Referral		
12:00p-2:00p Adult Lap Swim 2:00p-4:00p Adult Open Swim	12:00p-1:30p Adult Lap Swim 1:30pm-4:30pm Adult Open Swim	12:00p-2:00p Adult Lap Swim 2:00p-4:30p Adult Open Swim	12:00p-1:30p Adult Lap Swim 1:30p-4:30p Adult Open Swim	12:00p-2:00p Adult Lap Swim 2:00p-4:00p Adult Open Swim	11:00a-3:00p **Water Park Open Swim Lifeguards on Duty	11:00a-3:00p **Water Park Open Swim Lifeguards on Duty
4:00p-6:00p Adult Swim Lessons 4:00p-6:00p 11/5 Only Adult Lap Swim	4:30p-5:30p 3/4 Pool Water Aerobics 1/4 Pool Lap Swim	4:30p-5:30p Adult Lap Swim	4:30p-5:30p 3/4 Pool Water Aerobics 1/4 Pool Lap Swim	4:00p-5:30p Adult Lap Swim	**3:00p-4:00p** Lap Swim All Ages. 13 and under must be supervised by an adult	**3:00p-5:30p** Lap Swim All Ages. 13 and under must be Supervised by an adult.
6:00p-8:30p ½ Adult Open Swim ½ Adult Lap Swim	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	5:30p-8:30p Water Park Open Swim Lifeguards on Duty	4:00p-5:00p Adult Open Swim 5:00p-6:30p Adult Lap Swim	

Adult Open/Lap Swim: Must be 18+ years of age.
Water Park/Open Swim: For all ages, 11 and under must be supervised by an adult.
Water Aerobics: Lap Pool is reserved only for water aerobics class.
Basketballs & Volleyballs are only available while lifeguards are on duty.
Lap swimmers and Adult Open Swim Time can use their own swimming/flotation devices, but must not leave them at the LCC. Lift chair access to the pool is available.
Medical referrals only: Must be pre-approved by the LCC Director.
****June – August Water Park Weekend Hours: 11:00a-2:00p**
****September 7 – May Water Park Weekend Hours: 11:00a-3:00p**

LCC Phone Number: 715.670.0790