

VICTORIA WILCOX

EXPERIENCE ✨

My experience goes back to when I began to swim competitively during 7th grade onward. During my Junior year in high school, I began teaching both group and private swimming lessons as well as coaching. In high school, I finished 6th in backstroke at my high school state swimming. I competed in college starting with Division I. I swam in the Big 8 and found myself practicing over 4.5 hours a day so decided to step down to Division II. I competed Nationally and was 8th in the Nation for Backstroke and Academic All American. While attending different colleges for my 3 BS, I continued teaching which eventually led to starting up swimming programs, coaching swim teams (Georgia, Nebraska, Wisconsin: BRF, Ft McCoy, Tomah Parks, and Rec), and managing swimming pools while I attended college. Eventually, I joined the Army (almost 24 years) continuing to follow my passion for teaching swimming for physical fitness as well as swimming to all 4 branches of the Military. In 2008, while living in Georgia, I was called up on orders to Ft McCoy that led to teaching swimming lessons when the Lunda Center first opened. One of my greatest feats was swimming across the Bay at Guantanamo Bay, Cuba with sharks and jellyfish surrounding us. I was stung once!



My favorite quote: ✨

✨ You are intelligent when you are in your 20's and so very wise when you are in your 80's.

✨ INTERESTS

✨ Swimming, Gardening, biking, reading, scuba diving, walking my dog, and sharing in my three adult children's lives.